



*yoga*  
*retreat*

*by Lina Jurevičiūtė*

18-21 | MAR | 2025

FINCA SERENA MALLORCA

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DATES:

18th to 21st March

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LANGUAGE:

English

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BY:

LINA JUREVIČIŪTĖ  
@bylinaju

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PRICE:

One person: 2000€  
Two people: 3180€

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Limited spots\*

*\*If you come alone and want to share a room, please send an email*



## ABOUT THE RETREAT

Join us for a revitalising experience of yoga and mindfulness for body and soul at the most magical spot in the Mediterranean. Four luxurious and tranquil days at Finca Serena Mallorca, just when the island is at its best. This retreat offers an oasis away from everyday life, where you can rejuvenate, grow, and reconnect with your true self. From the nourishing food to the yoga classes, nature, and facilities, this retreat is designed to nurture your total wellbeing. Suitable for all levels and led by Lina Jurevičiūtė.



## MEET LINA

Lina Jurevičiūtė is a passionate vinyasa, power, and yin yoga teacher, as well as a sound healing specialist. She firmly believes that through the power of breath and movement, we can transform not only our bodies but also our minds. During this retreat, we'll explore strong vinyasa practices, soothing yin, powerful meditations, and transformative sound healing sessions. Lina places great emphasis on the internal experience rather than external appearances, so expect to be guided through creative flows using your breath to lead you on an extraordinary journey through mind, body, and soul. On our yoga mats, Lina guides with ease and openness, where we all learn from our past, strengthen our present, and build our future. It's never just about the poses; Lina encourages you to delve deeper to find true connection and inner stillness.



## BENEFITS

- Increased flexibility
- Renewed energy and inner peace
- Improved posture and balance
- Enhancement of your yoga practice
- Complete disconnection
- Time for yourself



## INCLUDES



Accommodation in a double room for 3 nights.



Welcome drink.



Mini bar stocked with healthy drinks and snacks.



Full board with a balanced, plant-based menu.

(Adaptable for vegan, gluten-free, and other dietary needs)



5 yoga classes.

Energising Vinyasa Yoga in the mornings, restorative yoga in the evenings.



1 Yoga Nidra Meditation session.



1 Sound Healing session.



1 Inversion Workshop.



Mindful Walk.



Afternoon Cacao Ceremony.



Access to Único Spa.

(sauna, hammam, heated pool, water circuit, and Technogym fitness equipment).



Specialist equipment

(including yoga mats, blocks, and straps).

